



An A to Z of fundraising ideas

A

All day event Ask your local pub or sports club if they can arrange a 24-hour sponsored event such as darts, squash or bridge.

Auction of promises Try to get people to donate a gift, the promise of their time or use of their belongings. You can even ask people to donate themselves as 'slaves for the day'!

Aerobics If you enjoy keeping fit, why not get people to sponsor you over a certain time?

B

Bad hair day See who can come up with the wackiest hair style.

Birthday party Invite all your friends for a fun party and ask them to donate to Cambridgeshire Mencap on your behalf.

Bring a pound into work Simply ask your colleagues to each bring a pound into work in aid of the charity you are raising money for.

Barbecue Hold a charity barbecue and charge people to come to your party.

Book sale Dig out all those old books and have a book sale at home or at work.

Baked bean bath Get sponsored to spend a day in a bath of beans!

C

Cake baking contest or baking and selling cakes to friends/colleagues.

Car boot sale Cash in your old belongings.

Coffee morning Get all friends together and have a coffee morning, it's a great way to catch up on all the gossip!

Competition Hold a competition at work, at home or at a club.

Charge for favours Every time someone asks if you would do them a favour, charge him or her.

D

Dance marathon Dance the night away and get sponsored at the same time.

Dinner dance Have a band, good food, organise a raffle and/or an auction.

Disco Organise a disco or 70's night - with fancy dress!

Dress down day Ideal if you work in an office environment where your colleagues might be keen for an opportunity to work in jeans,

E

Egg rolling competition Get people to pay to take part and see how far they can roll an egg,

Email all your friends and get them involved,

Expert talks Ask people to donate their time and expertise.

F

Fancy dress car wash Ask everyone in your street if you can wash their car - dressing up in a zany outfit makes it more fun.

Football tournament Get teams to play against each other or have a go at beating the goalie.

Film themed party Invite your guests to come as their favourite character and charge an entrance fee.

G

Golf tournament Organise a charity golf day.

Garden party Plant sales and open gardens are a great way to raise funds and impress your neighbours.

Gift Aid it!

Games Twister, Jenga, Team trivial pursuit. Pay to enter and donate prizes.

H

Halloween ball Sell tickets to a fancy dress ball or party.

Hat party Make everyone at work wear a silly hat. Perhaps give a prize to the silliest!

I

Ice skating Get people to sponsor you for how many times you can go around the rink without falling over.

Ice cream How much ice cream can you eat in a minute? Ask people to sponsor you and find out.

International dinner Everyone brings a dish from a country – take your taste buds around the world.

J

Jumble sale People love a good rummage and it's always a good fundraiser.

Jewellery making Buy your own beads and sell at a craft market or fete.

K

Karaoke night Ask a local pub to host a Karaoke night for you and charge people to get in or take part.

L

Lunch money Ask all your colleagues to bring in sandwiches for their lunch and donate the money they saved to charity.

Lunchtime quiz Stimulate the mind before heading back for the afternoon slog. Get together teams and charge to take part.

Line dancing evening Dust down your Stetson and boots and give it a whirl!

Library Get your friends, family, and colleagues to get a book from the library instead of buying it and to give you the money they've saved.

M

Match the pet to the owner competition Ask your colleagues to bring in one photo of themselves and one of their pet. Charge people £1 a time to match up all the photographs.

Masked ball Everyone wears a mask of his or her choice. Have a competition to guess who's who.

Meal Ask a restaurant for reduced prices if you bring a large party on a weekday evening. Charge cover price plus extra.

N

Night in Stay in on a Saturday night and donate the money you save to Cambridgeshire Mencap.

New Years resolutions Struggling to keep them? Get some sponsors!

Neighbours. Offer to wash their windows, mow the lawn or throw a street party (if it's big and in the street, get council authorisation). Charge admission.

No Smoking Get people to sponsor you for giving up cigarettes.

No Drinking Revitalise your body and give up the bottle for a few weeks - ask people to sponsor you.

O

Open day If you have a colourful garden, let all those garden lovers come and admire, for a charge.

Organise Events within events – why not hold a raffle at your party or an auction at your sports tournament?

Opera Try to get a group discount on opera or theatre tickets and then charge everyone a bit extra for the outing.

P

Publicity Send a press release to all your local papers asking for sponsorship from companies and individuals.

Photography competition Invite your friends to get their baby photos out and pay £1.00 a go to 'guess the baby'.

Pub crawl (fancy dress or three legged)

Q

Quiz nights are always a favourite whether it is at home at work, in a club or in your local. Charge people to take part.

R

Race night Hold a race night.

S

Shocking sock/tie day Those who take part are asked to donate £1, those who don't pay a forfeit of £2.

Silence Get sponsored to keep quiet for a day!

Snack attack Everyone gets peckish in the middle of the morning, so hold a cake or biscuit sale.

Sweepstake Run a sweepstake on how many times your boss gets a cup of tea or how many times your colleague leaves their desk during the day. £1 to have a go.

Sponsored events Bike ride, walk, silence, swim, slim, head shave.

T

Treasure hunt A challenge event for people, and a fun way to raise big money.

Twenty-four-hour marathon: darts, stay awake or dancing. Sponsored or have a team competition

Theme days/nights Jazz up the winter months and hold a themed event.

Tombola Get some raffle tickets and persuade your friends and colleagues to donate prizes.

U

University Challenge Collect together teams who attend the same or nearby universities and hold a challenge to see which university comes top.

Unwanted and unused gifts – ask friends, family and colleagues: use for prizes or car boot sale.

V

Variety Show: Round up your talented friends and tread the boards, charging for admission.

Valet service: offer to clean cars inside and out for all your family, friends and colleagues.

W

Wine tasting Invite an 'expert' or local wine dealer to bring along a few cases of wine and donate some of the proceeds to charity.

Waltz Big band night (use old-time records if can't find a band) dinner-dance, admission fee.

X

X-Factor Arrange your own talent contest, or arrange a sweepstake for one on TV!

Y

Yorkshire pudding Aunt Bessie makes the best, see how many you can eat. Get your friends to run a sweepstake.

Yoga evening Get flexible with your friends and raise money for Cambridgeshire Mencap.

Z

Zodiac evening Invite some friends over for a star gazing session, entry fee goes to Cambridgeshire Mencap.